

Brucelea Haven News

Together we *make* a difference!

June 2026

Walk for Alzheimer's

Wednesday, May 27th was a perfect day to host our annual Walk for Alzheimer's for Brucelea Haven. Thirty residents participated in our walk, raising over \$600 for the Alzheimer Society of Grey Bruce. A very special Thank you to all our families, volunteers and team members who helped support the walk. We could not do it without you! Thank you for such a successful day! It means everything to us! Maia will continue to accept donations for the Alzheimer Society of Grey Bruce until Monday, June 15th. Thank you for your support for this initiative that is very dear to our hearts.





Welcome Larissa Young - Recreation Summer Student

My name is Larissa Young, I am 18 years old and live just outside of Cargill on a farm. I am currently attending Fanshawe college for Recreation and Leisure and loving it! I started at Brucelea Haven when I did a high school co-op and found my passion for making seniors' days better one day at a time. Since then, I decided to come back! This summer I'm excited to be working at Brucelea Haven and being able to attend different events going on like the Spring Bazaar, Fishing Trip, Bus Trips and more. Some things I enjoy outside of work: being with my family, camping, out with friends, and vacationing. I look forward to a fun summer with you!



Welcome Prince Sharma - PSW Nursing student

I am originally from India and currently live in Caledon. Before joining the PSW program, I worked as a ship clerk at Amazon and as a kitchen cabinet maker. These experiences helped me build strong teamwork, communication, and time management skills. I decided to pursue the PSW program because I enjoy helping others and wanted a career where I can make a positive difference in people's lives through care and support. During my placement at Brucelea Haven, I hope to gain hands-on experience, improve my caregiving skills, and learn from experienced healthcare professionals. I would also like to thank my preceptors Chantel Embro and Lisa Calvert, as well as the staff at Brucelea Haven for their guidance, support, and encouragement throughout my placement experience.



Father's Day Celebrations

This Father's Day we honour the love, guidance, strength, and memories we share with the father figures in our life - fathers, uncles, grandfathers, brothers, friends - we celebrate these mentors and role models.

Join us on Sunday, June 21st at 2pm to celebrate Father's Day with a performance by the one and only Johnny Borton in the CAA!



Contenance Education

On June 16th Brucelea Haven will be hosting continence education at 4pm in the conference room. Come and learn about the products we use in our home and ask any questions you may have. Please RSVP to Maia at Reception if you plan to attend.

Monthly Caregiver Support Group for Family & Friends of Brucelea Haven

Brucelea Haven is excited to host monthly caregiver support groups on the last Thursday of each month from 2-3pm in the Conference Room, with Lauren Kieswetter, MSW. You are welcome to attend this group if you are someone who loves and cares for a resident residing at Brucelea Haven.



Upcoming Family Town Hall

Our next Family Town Hall meeting will be hosted on July 14th at 4pm in the CAA. During this meeting we will provide a review of the Residents Bill of Rights and a day in the life of a resident.

A large focus of 2026 is changing the language we use in LTC to Person-Centred Language. We invite everyone, family members as well, to take part in the e-course found through the CLRI to further enhance their own understanding of person-centred language. [Implementing Person-centred Language: An Overview for Long-Term Care Team Members - Ontario Centres for Learning, Research, and Innovation in Long-Term Care](#)

A Message from Barret - Environmental Services Manager: Planning for the Summer Heat

With warmer weather here and temperatures continuing to rise, we want to remind everyone of the importance of protecting yourself and residents from heat related illnesses, especially during periods of high heat and humidity. Whether you work outdoors or indoors, heat stress can pose serious health risks.

Stay Safe - Key Tips:

- **Windows:** Keep windows and curtains shut during high heat/humidity
- **Hydrate:** It is recommended to have 1L of water per day per person. In the event of extreme heat, you may want to consider increasing this amount. Staying hydrated is key to avoiding heat illnesses
- **Rest:** Take breaks in shaded or cool areas
- **Speak up:** Report any signs of heat illness immediately

Heat related illnesses can be a medical emergency. Know the signs and symptoms:

- high body temperature
- confusion and lack of coordination
- heavy sweating or no sweating at all
- nausea or vomiting
- dizziness or fainting
- very hot or red skin

Being aware of rising temperatures and the risks associated, is a good way to stay prepared this summer.

Maintenance monitors our equipment daily to ensure we are maintaining an appropriate temperature throughout the building.

Opening windows may provide a temporary breeze, but this also allows humidity to enter the building.

To help our equipment function efficiently, we ask that you please keep all windows and blinds closed when high temperatures outside.

Grandfriends June Visit

Our Grade 8 Grandfriends from Mildmay-Carrick will join us on June 15th for a pizza lunch with their Grandfriends to celebrate Father's Day! We look forward to attending their Graduation Ceremony on the evening of Tuesday, June 23rd. This has been a very special year creating connections with this incredible group of students. These intergenerational relationships create meaningful connections between residents and students, while fostering feelings of purpose and belonging. These visits spark joy, conversation, laughter, and treasured memories. We really look forward to these visits and look forward to a new partnership next school year. A special thank you to all of the students and their teachers for another exceptional program this year.



Celebrating Mother's Day

A special Thank You to our co-op student, Sierra, who hand-made these flower pots for all the women at Brucelea Haven for Mother's Day!



Sprouting Smiles on the 4th Floor:

Residents on the fourth floor recently transplanted a variety of vegetable seedlings into larger pots, where they continue to thrive along the sunny windowsill in the 4th floor activity room. Ongoing one-to-one plant care and watering activities with residents have provided meaningful engagement as the plants grow stronger in preparation for their move outdoors to the balcony garden this summer.



New Program!! Interactive Mobii Projector System

Thanks to the incredible and generous donations to Brucelea Haven Recreation Department, we have purchased a Mobii Projector system for interactive and dementia-based programming. This system is loaded with interactive games, quizzes, reminiscing activities, music, and cause-and-effect experiences that promote cognitive simulation, memory recall, conversation, movement and mobility, emotional well-being, social interaction, and inclusive programming. The recreation team is excited about this new program opportunity and looks forward to engaging with you!



Supper Club

A small group of residents enjoyed an evening dinner of fried chicken and wedge fries. We all enjoy a little take-out once and a while!



Spring Vendors Market - June 11th

Join us on Thursday, June 11th for our first ever Spring Vendors Market. A variety of vendors will be available to shop homemade crafts. Residents Council will also have a baked goods table and soup for sale. This event is open to the public for shopping.



Indoor / Outdoor

VENDOR MARKET

Thursday, June 11th

10 AM - 3 PM

at Brucelea Haven

(41 McGivern St. W., Walkerton)

Special Events in June...

Butterfly Kit Delivery in June

2nd – 2 South Birthday Party with Al Crawford

3rd – June Resident Council Meeting at 10:30am in CAA with Jessica

5th – Early ON visit in the morning – CAA

5th – Entertainment with PJ Mack in the afternoon – CAA

9th – Bus Trip: Gail's Farm 9am-12pm

9th – Bus Trip: Afternoon Drive 1:30-3pm

10th – Barbershop Octet Group Performs in the CAA

11th – Spring Vendors Market in the CAA 10am-3pm

15th – Grandfriends Pizza Lunch Father's Day Visit – 12-2pm

17th – Music with Dave the Piano Man in the CAA

19th – Music with Ray Richards on 4th floor

21st – Happy Father's Day!

21st – Celebrating Father's Day with Johnny Borton in the CAA

23rd – Grandfriends Graduation Trip to Mildmay-Carrick – 4-8pm

26th – Strawberry Social in the CAA at 2pm

30th – Making Strawberry Jam on 2 West

