

## Indigenous Communities & Municipalities Forum Suggested Reading

*Special thanks to Cynthia Wesley-Esquimaux for her work in assembling this suggested reading list. Her careful selection of resources has enriched our reading options, and we are grateful for the thoughtful curation she provided.*

### ADOPTION, FOSTER CARE AND AGING OUT

**Alec**, Elaine (2020) *Calling My Spirit Back*, TellWell Talent Publishing

**Bird-Wilson** (2021) *Probably Ruby*, Double Day Canada.

**Cardinal**, Colleen (2018) *Ohpikiihaakan-ohpihmeh (Raised somewhere else): A 60s Scoop Adoptee's Story of Coming Home*, Roseway Publishing.

**Hogan**, Linda (1995) *Solar Storms*, Scribner Paperback Fiction

**Morin**, Brandi (2022) *Our Voice of Fire: A Memoir of a Warrior Rising*, Anansi Publishing

**Peters**, Amanda (2023) *The Berry Pickers*, Harper Perennial.

**Sinclair**, Raven, Michael A. Hart and Gord Bruyere (2009) *Wicihitowin: Aboriginal Social Work in Canada*, Fernwood Publishing: Winnipeg.

**Thistle**, Jesse (2019) [From the Ashes: My Story of Being Métis, Homeless, and Finding My Way](#), Simon & Schuster Publishing.

### INDIAN RESIDENTIAL SCHOOLS, RELOCATION AND RESERVES

**Alexie**, Sherman (2000) *The Toughest Indian in the World*, Grove Press, New York.

**Bussidor**, Ila and Ustun Bilgen-Reinhart (1997) *Night Spirits: The Story of the Relocation of the Sayisi Dene*, University of Manitoba Press: Manitoba.

**Good**, Michelle (2020) *Five Little Indians*, Harper Perennial.

**Highway**, Tomson (1998) *Kiss of the Fur Queen*, Double Day: Canada.

**Jiles**, Paulette (2003) *North Spirit: Travels among the Cree and Ojibway Nations and their Star Maps*, Anchor Canada.

**Miller, J.R.** (2006) *Shingwauk's Vision: A History of Native Residential Schools*, University of Toronto Press: Toronto.

**Stannard, David E.** (1992) *The Conquest of the New World: American Holocaust*, Oxford University Press.

## INDIGENOUS STUDIES TEXT

**Belanger, Yale** (ed.) (2014) *Ways of Knowing: An Introduction to Native Studies in Canada*, Nelson Education Limited

**Dickason, Oliva P.** (2006) *A Concise History of Canada's First Nations*, Oxford University Press: Canada.

**Williamson, Pamela and John Roberts** (2004) *First Nations Peoples*, 2<sup>nd</sup> Edition, Emond Montgomery Publications Limited: Toronto.

## INTERGENERATIONAL STORIES OF CHANGE AND HEALING,

**Highway, Tomson** (2021) *Permanent Astonishment: a memoir*, Doubleday Canada.

**Knott, Helen** (2023) *Becoming a Matriarch*, Knopf Books

**Kinew, Wab** (2015) *The Reason You Walk*, Penguin Books.

**Robertson, David A.** (2020) *Black Water family, legacy, and blood memory*, HarperCollins Publisher

**Ross, Rupert** (2014) *Indigenous Healing: Exploring Traditional Paths*, Penguin Books Limited.

**Tagaq, Tanya** (2018) *Split Tooth*, Viking Publishers.

**Whitehead, Joshua** (2018) *Jonny Appleseed*, Arsenal Pulp Press.

**Wiebe, Rudy and Yvonne Johnson** (1998) *Stolen Life: Journey of a Cree Woman*, Alfred A. Knopf: Canada.

## LAND AND WATER RIGHTS

**King, Thomas** (2014) *The Back of the Turtle: A Novel*, HarperCollins Publishers.

**Penashue, Tshaukuesh Elizabeth** (2019) *Nitinikiau Innusi: I keep the Land Alive*, University of Manitoba Press

**Phare, Merrell-Ann** (2009) *Denying the Source: The Crisis of First Nations Water Rights*, RMB: Victoria, B.C.

**Sandford**, Robert William and Merrell-Ann Phare (2011) Ethical Water: Learning to Value What Matters Most, RMB, Victoria, Canada.

## LEGAL AND POLITICAL CHALLENGES

**Cleary**, Paul (2021) Title Fight: How the Yindjibarndi battled and defeated a Mining Giant, Blackincbooks.

**Friesen**, Joe (2016) The Ballad of Danny Wolfe: Life of a Modern Outlaw, Signal Publications.

**Hogan**, Linda (2015) Mean Spirit, Scribner Books Co.

**Kahane**, Adam (2017) Collaborating with the Enemy: How to work with people you don't agree with or like or trust, publisher

**Razack**, Sherene (2015) Dying from Improvement: Inquests and Inquiries into Indigenous Deaths in Custody, University of Toronto Press.

**Reber**, Susanne and Robert Renaud (2006) Starlight Tour: The Last Lonely Night of Neil Stonechild, Vintage Canada.

**Ross**, Rupert (2006) Dancing with a Ghost: Exploring Indian Reality, Penguin Canada

**Ross**, Rupert (2006) Return to the Teachings: Exploring Aboriginal Justice, Penguin Canada.

**Talaga**, Tanya (2018) All My Relations, The Massey Lectures.

**Talaga**, Tanya (2018) Seven Fallen Feathers: Racism, Death and Hard Truths in a Northern City, House of Anansi Press.

**Tatz**, Colin (2003) With Intent to Destroy: Reflecting on Genocide, Versor: New York.

**Waldrum**, James B. (1997) The Way of the Pipe: Aboriginal Spirituality and Symbolic Healing in Canadian Prisons, Broadview Press: Ontario.

**Walkem**, Ardith and Halie Bruce (2003) Box of Treasures or Empty Box? Twenty Years of Section 35, Theytus Books.

**Wheatley**, Margaret J. (2006) Leadership and the New Science: Discovering Order in a Chaotic World, Berrett-Koehler Publishers: San Francisco.

## MENTAL HEALTH, HEALTH CARE, TRAUMA AND WELLNESS

**Doidge**, Norman M.D. (2015) *The Brain's Way of Healing: Remarkable Discoveries and Recoveries from the Frontiers of Neuroplasticity*, Penguin Books.

**Harris**, Naomi Burke (2018) [The Deepest Well: Healing the Long-Term Effects of Childhood Adversity](#), Houghton Mifflin Harcourt.

**Hollow Water (Video)** (2000) *The Story of Hollow Water: When an Individual confronts the spectre of abuse, we consider it an act of courage. When an entire community attempts the same thing, we call it a miracle*, National Film Board.

**Hubl**, Thomas (2020) *Healing Collective Trauma: a process of integrating our intergenerational and cultural wounds, sounds true*, Boulder, Colorado

**Johnson**, Harold (2016) *Firewater: How Alcohol is Killing my People (and yours)*, University of Regina Press.

**Karr-Morse**, Robin and Meredith S. Wiley (2012) *Scared Sick: The Role of Childhood Trauma in Adult Disease*, Basic Books.

**Perry**, Bruce D. & Maia Szalavitz (2011) *Born for Love: Why Empathy Is Essential and Endangered*, William Morrow Paperbacks; Reprint edition.

**Perry**, Bruce D. & Maia Szalavitz (2006) *The Boy who was Raised as a Dog: And Other Stories from a Child Psychiatrist*, Basic Books.

**Ross**, Rupert (2014) *Indigenous Healing: Exploring Traditional Paths*, Penguin Canada.

**Solomon**, Andrew (2001) *The Noonday Demon: An Atlas of Depression*, Simon & Schuster publishing house

**Stein**, Steven & Howard E. Book (2000) *The EQ Edge: Emotional Intelligence and your success*, Jossey-Bass, A Wiley Imprint.

**Urschel**, Harold C. (2009) *Healing the Addicted Brain*, Source Books.

**van der kolk**, Bessel (2015) *The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma*, Penguin Books.

**Waldrum**, James B., D. Ann Herring and T. Kue Young (2006) *Aboriginal Health in Canada: Historical, Cultural, and Epidemiological Perspectives*, University of Toronto Press.

**Waldram**, James B. (2004) *Revenge of the Windigo: The Construction of the Mind and Mental Health of North American Peoples*, University of Toronto Press: Canada.

**Watters, Ethan** (2010) *Crazy Like Us: The Globalization of the American Psyche*, Free Press.

**Wesley-Esquimaux, Cynthia and Magdalena Smolewski** (2004) *Historic Trauma and Aboriginal Healing*, Aboriginal Healing Foundation, Ottawa. [www.ahf.ca](http://www.ahf.ca)

## LGBTQ-2S+

**Chacaby, Ma-Nee w/Mary Louisa Plummer** (2016) *A Two-Spirit Journey*  
The Autobiography of a Lesbian Ojibwa-Cree Elder, University of Manitoba Press.

**Innes, Alexander & Kim Anderson** (eds) (2015) *Indigenous men and masculinities*, University of Manitoba Press.

**McLeod, Darrel J.** (2018) *Mamaskatch*, Douglas & McIntyre.

**Smithers, Gregory** (2022) *Reclaiming Two-spirits: Sexuality, Spiritual Renewal & Sovereignty in Native America*, Beacon Press.

**Twist, Arielle** (2019) *Disintegrate/Dissociate*, Arsenal Pulp Press.

**Whitehead, Joshua** (2018) *Jonny Appleseed*, Arsenal Pulp Press.

## MEDICAL CARE AND INDIAN HOSPITALS

**Geddes, Gary** (2017) *Medicine Unbundled: A Journey Through the Minefields of Indigenous Health Care*, Heritage House Publishing.

**Lux, Maureen Katherine** (2016) *Separate Beds: A History of Indian Hospitals in Canada, 1920s-1980s*

**Redvers, Nicole, ND** (2019) *The Science of the Sacred: Bridging Global Indigenous Medicine Systems and Modern Scientific Principles*, North Atlantic Books, Publishers

## POLITICAL HISTORY AND LEGISLATION

**Cardinal, Harold** (1969/1999) *The Unjust Society, The Red Paper*, Douglas & McIntyre, University of Washington Press: USA.

**Coates, Ken** (2015) *#IDLENOMORE: And the Remaking of Canada*, University of Regina Press.

**Daschuk, James** (2014) *Clearing the Plains: Disease, Politics of Starvation, and the loss of Aboriginal Life*, University of Regina Press.

**Dennis, Darrell** (2014) *Peace Pipe Dreams: The Truth about Lies and Indians*, Douglas & McIntyre

**Derrickson, Grand Chief Ronald M.** (2020) *Fight or Submit, Standing Tall in Two Worlds*, ECW Press, Toronto.

**Forbes, Jack D.** (1979) *Columbus and other Cannibals*, Seven Stories Press.

**Hughes, Lotte** 1<sup>st</sup> and 2<sup>nd</sup> editions (2003 & 2012) *the NO-NONSENSE guide to Indigenous Peoples*, New International Publications: Canada.

**Joseph, Bob** (2018) *21 Things you may not know about the Indian Act: Helping Canadians Make Reconciliation with Indigenous Peoples a Reality*, Indigenous Relations Press, BC.

**King, Thomas** (2013) *The Inconvenient Indian: A Curious Account of Native People in North America*, Anchor Canada; Ninth edition (Aug. 13, 2013).

**King, Thomas** (2005) *The Truth About Stories*, Massey Lecture Series, Dead Dog Café Productions, Inc.

**Kino-nda-niimi-Collective** (2014) *The Winter We Danced: Voices from the Past, the Future and the Idle No More Movement*, Arp Books: Winnipeg

**LaDuke, Winona** (2002) *The Winona LaDuke Reader: A Collection of Essential Writings*, Theytus Books

**Lear, J.** (2006) *Radical Hope: Ethics in the Face of Cultural Devastation*, Cambridge Press: Massachusetts.

**Mann, Charles C.** (2006) *1491: New Revelations of the Americas before Columbus*, Vintage Books: New York (and 1493 is a later book he published)).

**Manual, Arthur** (2015) *Unsettling Canada*, Between the Lines Publishing.

**Miller, J.R.** (2000) *Skyscrapers Hide the Heavens: A History of Indian-White Relations in Canada*, 3<sup>rd</sup> Edition, University of Toronto Press: Canada.

**Murphy, Emmett C. & Michal Snell** (1993) *The Genius of Sitting Bull: 1 Heroic Strategies for Today's Business Leaders*, Prentice Hall.

**Rice, Brian** (2005) *Seeing the World with Aboriginal Eyes*, Aboriginal Issues Press.

**Saul, John Ralston** (2014) *The Comeback: How Aboriginals Are Reclaiming Power and Influence*, Viking; First Edition (Oct. 28, 2014)

**Spielmann, Roger** (2009) *Anishnaabe World: A Survival Guide for Building Bridges between Canada and First Nations*, Your Scrivener Press: Sudbury.  
ISBN: 978-1-896350-37-0

**Vowel**, Chelsea (2016) Indigenous Writes: A Guide to First Nations, Metis and Inuit Issues in Canada, Highwater Press.

**Widdowson**, Frances and Albert Howard (2008) Disrobing the Aboriginal Industry: The Deception behind Indigenous Cultural Preservation, McGill-Queen's University Press: Kingston. **(Please get this one from the library we are NOT supportive of purchasing this text and endorsing racism).**

#### POST-APOCALYPTIC WRITINGS:

**Dimaline**, Sheri (2017) The Marrow Thieves, Dancing Cat Publishing.

**Dimaline**, Sheri (2021) Hunting by Stars, Penguin Random Books.

**Rice**, Waubgeshig (2018) Moon of the Crusted Snow, ECW Press.

**Rice**, Waubgeshig (2023) Moon of the Turning Leaves, Random House.

#### RESOURCE EXTRACTION AND ECONOMICS

**Angus**, Charlie (2022) Cobalt: Cradle of the Demon Metals Birth of a Mining Superpower, Anansi Books

**Cleary**, Paul (2021) Title Fight: How the Yindjibarndi Battled and Defeated a Mining Giant, Black, Inc.

**Gallagher**, Bill (2012) Resource Rulers: Fortune and Folly on Canada's Road to Resources, Bill Gallagher Publishing.

**Hayden-Taylor**, Drew (2021) Me Tomorrow: Indigenous Views on the Future, Douglas & McIntyre.

**Helin**, Calvin (2006) Dances with Dependency: Indigenous Success through Self-Reliance. Orca Spirit Publishing: Vancouver.

**Johnson**, Harold (2015) Corvus, thistledown press

**King**, Thomas (2021) Sufferance, HarperCollins Publishers.

#### SPIRITUAL PRACTICES

**Absolon**, Kathleen E. (Minogiizhigokwe) (2011) Kaandossiwin: How We Come to Know, Fernwood Publishing.

**Deloria**, Vine Jr. (2006) The World We Used to Live In: Remembering the Powers of the Medicine Men, Fulcrum Publishing, Golden Colorado.

**Fiddler**, Thomas and James R. Stevens (2003) Killing of the Shaman, Penumbra Press: Canada.

**Highway**, Tomson (2022) Laughing with the Trickster: On sex, Death and Accordions, Anansi Publishers.

**Kaefer**, Florence and Edward Gamblin (2014) Back to the Red Road: A Story of Survival, Redemption and Love, Caitlin Press.

**Mitchell**, Sherri (2018) Sacred Instructions: Indigenous Wisdom for Living Spirit- Based Change, North Atlantic Books.

**Nelson**, Melissa (Ed) (2008) Original Instructions: Indigenous Teachings for a Sustainable Future, Bear & Company.

**Peacock**, Thomas and Marlene Wisuri (2006) The Four Hills of Life: Ojibwe Wisdom, Minnesota Historical Press.

**Peacock**, Thomas and Marlene Wisuri (2002) Ojibwe Waasa Inaabidaa: We Look in all Directions, Afton Historical Society Press: Minnesota.

**Sefa Del**, George, Budd Hall and Dorothy G. Rosenberg (eds.) (2002) Indigenous Knowledges in Global Contexts: Multiple Readings of Our World, University of Toronto.

**Wagamese**, Richard (2021) What Comes from Spirit, Douglas & McIntyre

## TRADITIONAL TEACHINGS AND KNOWLEDGE

**Barreiro**, Jose (2010) Thinking in Indian: A John Mohawk Reader, Fulcrum Press, Colorado.

**Jiles**, Paulette (1996) North Spirit: Travels Among the Cree and Ojibway Nations and Their Star Maps, Doubleday: Canada.

**Kimmer**, Robin Wall (2013) Braiding Sweetgrass: Indigenous Wisdom, Scientific Knowledge and the Teaching of Plants, Milkweed Publishers.

**Mishenene**, Rachel and Pam Toulouse (eds.) (2011) Strength and Struggle: Perspectives from First Nations, Inuit, and Metis peoples in Canada, McGraw-Hill Ryerson.

**Mitchell**, Sherri (2018) Sacred Instructions: Indigenous Wisdom for Living Spirit Based Change, North Atlantic Books.

**Mohawk**, John (2010) Thinking in Indian: A John Mohawk Reader, Fulcrum Publishing (October 19, 2010)



**Mohawk**, John C. (2000) Utopian Legacies: A History of Conquest and Oppression in the Western World, Clear Light Publishers: New Mexico.

**Porter**, Tom (2008) And Grandma Said...Iroquois Teachings, as passed down through the oral tradition, Xlibris Corporation: United States.

**Rice**, Brian (2005) Seeing the World with Aboriginal Eyes: Ways of Doing, Aboriginal Issues Press.

**Wagamese**, Richard (2009) Indian Horse (book and film), Anchor Canada.

**Wagamese**, Richard (2006) Keeper 'n Me, Anchor Canada.

**Wagamese**, Richard (2003) Joshua, Anchor Canada.

**Wahbanang** (2021) The Resurgence of a People: Clearing the path for our survival – 50 years after Wabung: Our Tomorrows, Turtle Lodge: International Centre for Indigenous Education and Wellness.

**Warrior**, Robert Allen (1995) Tribal Secrets: Recovering American Indian Intellectual Traditions, University of Minnesota Press, Minneapolis.

**Waziyatawin** and Michael Yellow Bird (2012) For Indigenous Minds Only: A Decolonization Handbook, School for Advanced Research Press, Sante Fe.

**Weatherford**, Jack (1988) Indian Givers: How the Indians of the Americas Transformed the World, Crown/Archetype.

## TREATY RELATIONS

**Angus**, Charlie (2015) Children of the Broken Treaty: Canada's Lost Promise and One Girl's Dream, University of Regina Press.

**Morris**, Alexander (1880-1991) The Treaties of Canada with the Indians of Manitoba and the North-West Territories including the Negotiations on which they were based, Belfords, Clarke & Co, Toronto.

## TRUTH AND RECONCILIATION

**Good**, Michelle (2023) Truth Telling: Seven Conversations About Indigenous Life in Canada, HarperCollins Publishers Ltd.

**Maracle**, Lee (2017) My Conversations with Canadians, Book Thug, Toronto.

**McIvor**, Bruce (2021) Standoff: Why Reconciliation Fails Indigenous People and How to Fix it, Nightwood Editions.

**Niezen, Ronald** (2013) *Truth & Indignation: Canada's Truth and Reconciliation Commission on Indian Residential Schools*, University of Toronto Press.

**Rogers, Sheila, Mike Degagne, Glen Lowry & Sara Fryer** (2014) *Reconciliation & The Way Forward: Collected Essays & Personal Reflections*, Hignell Printing, Winnipeg.

**Sniderman, Andrew and Douglas Sanderson** (2022) *Valley of the Birdtail: An Indian Reserve, A White Town, and the Road to Reconciliation*, HarperCollins.

**Truth and Reconciliation Commission** (2016) *A Knock on the Door: The Essential History of Residential Schools from the TRC*, University of Manitoba Press.

**Wadden, Marie** (2008) *Where the Pavement Ends: Canada's Aboriginal Recovery Movement and the urgent need for reconciliation*, Douglas & McIntyre Limited: British Columbia.

**Wesley-Esquimaux, Cynthia, Ronan MacParland and David Berkal** (2009) *"Shielded Minds"* a video documentary on YouTube of an eight-day journey across the Canadian Shield with twenty Aboriginal and non-Aboriginal youth to explore identity, truth and reconciliation, and to discover the Aboriginal truth and reality that Canadian have been shielded from in their education. [www.canadianroots.ca](http://www.canadianroots.ca) or on YouTube

**Wesley-Esquimaux, Cynthia, Ronan MacParland and David Berkal** (2010) *"Journey to Oz"* a video documentary on YouTube of a nine-day visit to the Mishkeegogamang First Nation in Northern Ontario, Nishnawbe-Aski Nation Territory, with 12 Aboriginal and non-Aboriginal youth to explore "what is right about this community" in the face of negative media representation. [www.canadianroots.ca](http://www.canadianroots.ca) or on YouTube