

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:30pm Church-1st 1:30pm Neighbourhood Time Make your Prediction today!	2 Fireworks at 7AM 9:30am Physio Fit-2W 10:00am Prediction Morning 2:00pm Groundhog Games 6:30pm Name that tune- 2W Happy Birthday Norman 	3 10:00am Horticulture Therapy-1st 1:30pm Bingo-1st 3:30pm Whole Brain Fitness-3W 6:30pm Story time- 2E Happy Birthday Ann and George	4 9:30am Physio Fit 10:00am Celebration of Life- 1st 1:30pm Neighbourhood Time 6:30pm Mental Aerobics- 2E Curling on tv 1:05pm	5 10:00am Bookmobile 10:00am Dave the Piano Man-1st 1:30pm Travelogue-Italy 3:00pm Physio Fit-2W 3:30pm Name That Sport 6:30pm Group Crossword -2W Womens Hockey 3:10pm	6 10:00am Daycare Visits-1st 10:45am Physio Fit-1st 1:30pm Bingo-1st 3:30pm Olympic Flags craft- 2E Wear Team Canada Colours Olympic Opening Ceremonies 2:00pm	7 10:00am Tai Chi- 1st 1:30pm Guess the country- 2E 3:30pm Target Practice- 3W
8 10:00am Church-1st 10:00am Chair Yoga 3:30pm Social Visits Figure skating pairs 2:45pm	9 9:30am Physio Fit-2W 10:00am Montessori-2nd 1:30pm Creating the Torch-2E 3:30pm Curling 6:30pm Pokeno-2W	10 10:00am Horticulture Therapy-1st 1:30pm Bingo-1st 3:30pm Mental Aerobics - Trivia 6:30pm Sing Along-2W Men's Hockey 2:10pm	11 9:30am Physio Fit 10:00am Gospel-3W 1:30pm Neighbourhood Time 6:30pm Gentle Touch	12 10:00am Hockey Shootout 1:30pm Social Visits 3:00pm Yahtzee-3E 3:00pm Physio Fit-2W 6:30pm Spiritual Study- 2E Happy Birthday Dawn Men's Hockey 10:40am	13 10:00am Daycare Visits-1st 10:45am Physio Fit-1st 1:30pm Bingo-1st 3:30pm Busy Hands Happy Birthday Barry	14 10:00am Baking-3E 1:30pm Valentine's Day Tea-1st Women's Curling 1:05pm 
15 1:30pm Church-1st 1:30pm Gentle Fit 3:30pm Minute To Win It Mixed pairs - figure skating 1:45pm	16 9:30am Physio Fit-2W 10:00am Family Photo Stories-3E 1:30pm Music with Bruce-1st 3:30pm Walk & Talk 6:30pm Family Feud-2E	17 10:00am Horticulture Therapy-1st 2:00pm Mardi Gras Game 6:30pm Word Games- 2E Men's Curling 1:05pm	18 9:30am Physio Fit 10:00am Chapel-1st 1:30pm Neighbourhood Time 6:30pm Montessori-3W	19 10:00am Bookmobile 10:00am Residents Council 1:30pm Monthly Gazette- 3W 3:00pm Physio Fit-2W 3:30pm Hand Therapy-3E 6:30pm Guided Imagery- 2E	20 10:00am Daycare Visits-1st 10:45am Physio Fit-1st 1:30pm Bingo-1st 2:45pm Food Committee Meeting-1st 3:30pm Snoezelen Happy Birthday Bonnie Hoy and Harold	21 10:00am Tai Chi- 1st 1:30pm History of the Olympics 3:30pm Travelogue- Greece 
22 10:00am Church-1st 10:00am Whole Brain Fitness 2:00pm Olympic Closing Ceremonies on TV	23 9:30am Physio Fit-2W 10:00am Coffee & Chat-3E 3:30pm HandTherapy-2E 6:30pm Hymn Sing-2E	24 10:00am Horticulture Therapy-1st 1:30pm Bingo-1st 6:30pm Inside Walks	25 9:30am Physio Fit 10:00am Gospel-3W 2:00pm Social 6:30pm Gentle Touch	26 10:00am Word Game 1:30pm Foot Spa-3E 3:00pm Physio Fit-2W 6:30pm Music with Amber-3W	27 10:00am Daycare Visits-1st 10:45am Physio Fit-1st 1:30pm Bingo-1st 3:30pm Busy Hands	28 10:00am Gentle Fit- 1st 1:30pm Mental Aerobics- 2E 3:30pm Nail Cart