

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> 9:15 Gentle Fit 1:30 Name that Decade 6:30 Snoezelen	<b>2</b> 9:15 Standing Balance 10:15 Chapel 1:30 Dice Games	<b>3</b> 9:15 Gentle Fit 10:15 Group Crosswords 1:30 Spa <b>Happy Birthday Jackie!</b>	<b>4</b> 9:15 Gentle Fit 10:15 Coffee & Chat: Hometowns 1:30 Bingo	<b>5</b> 10:15 Sunny Travels 1:30 Trivia
<b>6</b> 10:15 Church 1:30 Make A Poppy Pin <b>Happy Birthday Frieda!</b> <small>Daylight Saving Time Ends</small>	<b>7</b> 9:15 Gentle Fit 10:15 Table Tennis 1:30 <b>Music with Dave Hiscox</b>	<b>8</b> 9:15 Gentle Fit 1:30 Family Feud 6:30 Crokinole	<b>9</b> 9:15 Standing Balance 10:15 Chapel 1:30 <b>Deer Hunting Camouflage Day!</b>	<b>10</b> 9:15 Gentle Fit 10:15 Jeopardy 1:30 Bingo	<b>11</b> 9:15 Gentle Fit 10:15 Coffee & Chat: Remembering 2:00 Remembrance Day Service <b>Happy Birthday Pete!</b> <small>Remembrance Day (Canada)</small>	<b>12</b> 10:15 Sunny Travels 1:30 Popcorn & a Movie
<b>13</b> 10:15 Church 1:30 <b>Baking Pumpkin Cookies</b>	<b>14</b> 9:15 Gentle Fit 10:15 Painting 1:30 Bowling	<b>15</b> 9:15 Gentle Fit 1:30 Euchre & Games 6:30 Bedside Reading	<b>16</b> 9:15 Standing Balance 10:15 Chapel 1:30 Baby Photo Day	<b>17</b> 9:15 Gentle Fit 10:15 Residents' Council & Dietary Meeting 1:30 Pictionary	<b>18</b> 9:15 Gentle Fit 10:15 Coffee & Chat: Travel Memories 1:30 Bingo	<b>19</b> 10:15 Sunny Travels 1:30 Mini Putt
<b>20</b> 10:15 Church 1:30 Price is Right	<b>21</b> 9:15 Gentle Fit 10:15 Mad Libs 1:30 Pub & Grub	<b>22</b> 9:15 Gentle Fit 1:30 Logo Puzzles 6:30 <b>Music with Neil &amp; Friends</b>	<b>23</b> 9:15 Standing Balance 10:15 Chapel 1:30 Hungry Hippos	<b>24</b> 9:15 Gentle Fit 10:15 Guggenheim Word Game 1:30 <b>Music with Leavin' Tracks</b> <small>Thanksgiving Day (US)</small>	<b>25</b> 9:15 Gentle Fit 10:15 Coffee & Chat: Local History 1:30 Bingo	<b>26</b> 10:15 Sunny Travels 1:30 Rapid Words
<b>27</b> 10:15 Church 1:30 Slime Sunday	<b>28</b> 9:15 Gentle Fit 10:15 Animals in the Bush 1:30 Snowman Craft	<b>29</b> 9:15 Gentle Fit 1:30 Musical Trivia 5:30 <b>Trip to the Festival of Northern Lights</b> <b>Happy Birthday Tony!</b>	<b>30</b> 9:15 Standing Balance 10:15 Chapel 1:30 Christmas Art 5:30 <b>Trip to the Festival of Northern Lights</b>	<h1>November 2022</h1> <h2>Gateway Haven</h2>		

To book virtual visits or inquire about daily programs, please contact the Recreation Dept ext 3342 or 3146. Hydrotherapy: Tues & Thurs 10:15