



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Please note programs are subject to change. We apologize for any inconvenience.			1 10:00am A Great Canadian Get Together -1st 1:30pm Canadian Trivia -3E 3:30pm Creative Expressions-2E Happy Canada Day Happy 100th Birthday Betty R	2 10:00am Music with Dave the Piano Man-1st 1:30pm History of O Canada -3E 3:00pm Physio Fit-2W 3:30pm Walks 6:30pm Hymn Sing -2E	3 10:00am Daycare Visits-1st 10:45am Physio Fit-1st 1:30pm Bingo -1st 3:30pm Balcony Time	4 10:00am Gentle Fit-1st 1:30pm Balcony Fun- 3rd 3:30pm Obie Games- 2E
5 10:00am Creative swimwear- 2E 1:30pm Church -1st 3:30pm Target the color- 3E	6 9:30am Physio Fit-2W 10:00am Leavin Tracks-1st 1:30pm Pondering Prompts -2E 3:30pm Busy Hands-3W 6:30pm Group Crossword- 2nd	7 10:00am Horticulture Therapy-1st 10:30am Pet Therapy-2nd 1:30pm Creepy Crawly-2nd 3:00pm Physio Fit-3W 3:30pm Noodle Ball- 2W 6:30pm Animal facts-2E Happy Birthday Carol	8 10:00am Chapel-1st 1:30pm Neighbourhood Time 6:30pm Gentle Touch	9 10:00am Bookmobile 10:00am Grandfriends-1st 2:00pm Word Game-3E 3:00pm Physio Fit-2W 3:30pm Walk and Talk 6:30pm Canadian Musical Trivia -2W	10 10:00am Daycare Visits-1st 10:45am Physio Fit-1st 1:30pm Bingo-1st 3:30pm Hand Therapy-3E	11 10:00am Tai Chi -1st 1:30pm Photographic Memory Game- 2E 3:30pm Neighbourhood Time Happy Birthday Fran GW
12 10:00am Baking- 1st 1:30pm Church - 1st 3:30pm Coffee & Chat- 2E Happy Birthday Don C	13 10:00am Residents' Council 1:30pm Music with Bernie-1st 3:30pm Outside Walks 3:30pm Physio Fit -2W 6:30pm Guided Imagery -2E	14 10:00am Horticulture Therapy-1st 1:30pm Foot Spa -3E 3:00pm Physio Fit-3W 6:30pm Pokeno- 2W	15 10:00am Gospel-3W 1:30pm Neighbourhood Time 6:30pm Trivia - 2W	16 10:00am Snoezelen 2:00pm Water Fun-2nd Balcony 3:00pm Physio Fit-2W 3:30pm Guy Talk -3W 6:30pm Neighbourhood Time	17 10:00am Daycare Visits-1st 10:45am Physio Fit-1st 1:30pm Bingo-1st 2:45pm Food/Dietary Committee-1st 3:30pm Nail Cart	18 10:00am Gentle Fit-1st 1:30pm Rock Painting- 2nd 3:30pm Do You Hear What I Hear-2nd Balcony
19 10:00am Church - 1st 1:30pm Fact or Fiction- 2E 3:30pm Outside Walks	20 9:30am Physio Fit-2W 10:00am Coffee & Chat -3E 1:30pm Music with Bruce-1st 3:30pm Monthly Gazette 6:30pm Spiritual Study- 2W	21 10:00am Horticulture Therapy-1st 1:30pm Neighbourhood Time 3:00pm Physio Fit-3W 6:30pm Hymn sing- 2W	22 10:00am Chapel-1st 1:00pm Bus Trip 6:30pm Gentle Touch	23 10:00am Bookmobile 10:00am Resident Calendar Planning Meeting-3E 10:00am Pet Therapy -3rd 2:00pm Social Hour -1st 3:00pm Physio Fit-2W 6:30pm Sing-along-2W Happy Birthday Stephen A	24 10:00am Daycare Visits-1st 10:45am Physio Fit-1st 1:30pm Bingo-1st 3:30pm Outside Walks	25 10:00am Tai Chi -1st 1:30pm Travelling Icecream Cart Happy Birthday Bill C
26 10:00am Church -1st 1:30pm Colonial Exercises- 3rd 3:30pm Sound of Drum and Fife- 2nd	27 9:30am Physio Fit-2W 10:00am Snoezelen - 3E 1:30pm Emmy's BC Travels-1st 3:30pm Polka Chair Yoga-3W 6:30pm EZ Detective Puzzles- 2nd	28 10:00am Horticulture Therapy-1st 1:30pm Music with Cathy1st 3:00pm Physio Fit-3W 3:30pm Nail Cart 6:30pm Riddles- 2E Happy Birthday Betty R	29 10:00am Gospel-3W 1:30pm Neighbourhood Time 6:30pm Balcony Chat- 2nd	30 10:00am Sensory: Beach-2nd 1:30pm Touch a Truck 3:00pm Physio Fit-2W 6:30pm Hangman -2E	31 10:00am Daycare Visits-1st 10:45am Physio Fit-1st 1:30pm Bingo-1st 3:30pm Hand Therapy-3E Happy Birthday Joyce B Happy Birthday Stephen M	